READ THE FOLLOWING INSTRUCTIONS CAREFULLY.

1. Section A consists of ONE question. Candidates MUST answer this question.

2. Section B consists of TWO questions. Candidates MUST answer both questions from this section.

3. Section C consists of THREE questions. Candidates MUST answer ONE question from this section.

4. Section D consists of TWO questions. Candidates MUST answer ONE question from this section.

5. You are advised to take some time to read through the paper and plan your answers.

DO NOT TURN THIS PAGE UNTIL YOU ARE TOLD TO DO SO.
SECTION A

(Suggested time: 35 minutes)

You MUST answer the question in this section.

1. Read the following newspaper article on factors affecting the achievement of fitness and then write a summary of it in NOT MORE THAN 120 words. If this limit is exceeded, only the first 120 words of your answer will be read and assessed. As far as possible, use your OWN words. Your summary must be in continuous prose.

You may use the answer booklet to jot down a plan of your points or make notes. THIS WILL NOT BE MARKED.

In your answer you will be assessed on how well you

(a) were able to identify the main ideas and opinions in the extract
(b) organized and expressed these ideas
(c) used appropriate grammar, sentence structure, vocabulary, spelling and punctuation.

Deceptive Bodies

Some people appear fit because their bodies look muscular and well built, when in reality, they’re quite unfit. They deceive themselves and others. Chances are their muscles are pumped up due to some form of anabolic steroid use. They do not have the kind of bodies you get from eating meat, oatmeal, vegetables and potatoes. It is about gigantic male and female physiques that seem to defy all the laws of nature.

Most folk who are into fitness do not necessarily aspire to become competitive body builders. However, men do generally tend to want bigger muscles and a six-pack of abdominals. Unfortunately, some of us just are not patient enough to put in the years of hard work and commitment that are required to have such a body. Building a great physique is desirable, and anyone who has been able to do so can testify about the trials and errors that build character and show respect for the discipline. Muscles should be allowed time to grow and mature, and as body builders expand their knowledge base, they will come across ways to improve workouts and keep motivated for life.

Using steroids gets results faster, but the athlete has to maintain a very expensive habit, and runs the risk of becoming addicted. An article from steroids.today.com offers the following: “...the first harmful side effect of anabolic steroids is increased blood pressure, and harmful swings in your cholesterol levels. Anabolic steroids will increase bad cholesterol, and decrease the good cholesterol. Users can, because of this instability, drastically increase their risk of heart disease and heart attacks. Those with hypertension issues face an even bigger risk.”

The article continues that since anabolic steroids alter the body’s hormonal balance, there are other side effects: development of acne, testosterone conversion which can cause premature baldness, fatty breast tissue in men, temporary or permanent infertility, and for women, deepening of the voice.
Beyond the physical effects, there are many psychological side effects associated with anabolic steroid use. The first of these is rage and aggression. Due to increased testosterone levels, users suffer from uncontrollable bouts of rage which can be harmful to themselves and others, and are more likely to be involved in violent fights and crimes. Depression and thoughts of suicide are other side effects.

Persons interested in body building have to ask themselves if taking the steroids are worth the risk, and more importantly, who is being deceived. Most people can tell real muscles from unnatural ones. It is better to stay natural and maintain a healthy approach to living.

*Adapted from “Deceptive Bodies”, Newsday MENTALITY, Newsday, 23 October 2011, p. 17.*

Total 30 marks
SECTION B

(Suggested time: 40 minutes)

Answer ALL questions in this section.

2. Read the following poem carefully and then answer all the questions that follow.

A Song of the Moon

The moonlight breaks upon the city's domes,
And falls along cemented steel and stone,
Upon the grayness of a million homes,
*Lugubrious in unchanging monotone.

Upon the clothes behind the tenement,
That hang like ghosts suspended from the lines,
Linking each flat, but to each indifferent,
*Incongruous and strange the moonlight shines.

There is no magic from your presence here,
So moon, sad moon, tuck up your trailing robe,
Whose silver seems antique and too severe,
Against the glow of one electric globe.

Go spill your beauty on the laughing faces,
Of happy flowers that bloom a thousand hues,
Waiting on tiptoe in the wilding spaces,
To drink your wine mixed with sweet draughts of dew.

*lugubrious – sad; depressing
*incongruous – out of place

Adapted from Claude McKay, “A Song of the Moon”,
Selected Poems of Claude McKay,
(a) Identify TWO features of the city landscape on which the moon shines. (2 marks)

(b) (i) In stanza 3, what action does the poet suggest the moon should take? (1 mark )

(ii) What reason is given for this action? (2 marks)

(c) (i) What figure of speech is used in the last 2 stanzas? (1 mark )

(ii) Identify an example of simile used in the poem. (1 mark )

(d) What is the difference in the poet’s use of language in the first two stanzas and the last two? (2 marks)

(e) How is the reaction of the landscape in stanzas 1–3 different from the reaction in stanza 4? (2 marks)

(f) Identify TWO expressions which show a contrast between the moon and the objects below. (2 marks)

(g) (i) What does the moon offer in the final stanza that it does not offer before? (1 mark )

(ii) Quote the expression which suggests that this offer will be gladly received. (1 mark )

Total 15 marks
3. Read the following extract carefully and then answer all the questions that follow.

Climate Change

Despite scientific evidence to the contrary, doubt about climate change is growing. The doubt seems to be because of the discovery that a small group of scientists fiddled with evidence to exaggerate the extent of climate change, and more recently, because the climate change issue has become a political football in the USA.

In the Caribbean, however, citizens have been able to observe first hand, the ways in which coral reefs are being bleached and beaches eroded by tidal surges, as water temperatures warm, sea levels change and weather patterns become less predictable. There is sufficient scientific evidence from the Caribbean Community Climate Change Centre (CCCCC) in Belize, and others, that Caribbean sea temperatures are already showing a 0.8 °C increase, and there is widespread acknowledgement that this will rise much further by the end of the century.

The possible economic impact of climate change on the Caribbean is great. Seventy per cent of the region’s 40 million people live in coastal areas. Tourism, which almost entirely depends on coastal resources, contributes over 70% of the national income. Agriculture makes up the remaining 30%, and is itself closely tied to tourism. Even a rise of 2 °C could reduce production by 20%.

Director of the CCCCC, Dr Kenrick Leslie, suggested that rising sea levels may present challenges that cannot be overcome: challenges to food security, tourism and health. In response, regional Heads of Government have approved a framework that aims to make the region better able to meet the challenges. The plan includes regulating land use, expanding forest resources, reducing green house gas emissions by developing renewable energy, improving energy efficiency, and conserving standing forests.

Future meetings of the UN summit on climate change may result in the issue continuing to be a political debate for the developed countries. Unfortunately for the Caribbean, which is among those countries which contribute least to the problem of global warming, dependent on the environment for its future prosperity and most at risk from climate change, this is not good news.

Adapted from David Jessop, “Climate Change Still an Issue: The View from Europe”, The Grenada Advocate, 7 October 2011, p. 9.
(a) Quote the phrase in paragraph 1 that suggests the scientists changed the information for their own purpose. (1 mark)

(b) Give TWO reasons offered for the development of doubts about the reality of climate change. (2 marks)

(c) What does the writer suggest by the term ‘political football’ in paragraph 1? (2 marks)

(d) State TWO specific ways mentioned in the passage in which the Caribbean is being affected by climate change. (2 marks)

(e) Identify any TWO ways in which the Caribbean is responding to the challenges of climate change. (2 marks)

(f) What is the relevance of the information from the CCCCC to a discussion of the effects of climate change? (2 marks)

(g) What conclusion can be drawn from the first sentence of paragraph 5? (2 marks)

(h) To what does the expression “this is not good news” (lines 25–26) refer? (2 marks)

Total 15 marks
SECTION C

(Suggested time: 45 minutes)

Answer ONE question from this section.

Your answer in this section should be approximately 400–450 words.

You MUST write in Standard English. However, dialect may be used in conversation. You may use the answer booklet to jot down a plan of your points or make notes. THIS WILL NOT BE MARKED.

In your answer you will be assessed on how well you

(a) used the stimulus provided
(b) developed and organized the content of your writing
(c) used language appropriate to your audience, purpose and content
(d) used appropriate grammar, sentence structure, paragraphs, vocabulary, spelling and punctuation.

EITHER

SHORT STORY

4. Write a story based on the picture below.
5. Marty looked in the mirror and smiled. "This is it!" he said to himself. "If this doesn't work, nothing else will".

Write a story which includes these sentences. 

(35 marks)

OR

6. You are part of a group of explorers searching for a 'lost' city. What the group discovers is not what is expected.

Describe what the group sees and their reactions.

(35 marks)
SECTION D
(Suggested time: 30 minutes)

Answer ONE question from this section.

Your answer in this section should be approximately 250–300 words.

You MUST write in Standard English. You may use the answer booklet to jot down a plan of your points or make notes. THIS WILL NOT BE MARKED.

In your answer you will be assessed on the

(a) clarity, organization and development of your argument
(b) appropriateness of style for the intended audience
(c) correctness of grammar, sentences, paragraphs, vocabulary, spelling and punctuation.

EITHER

7. As long as the government is paying for my education, it can tell me what to study.

Write an essay EITHER supporting OR opposing this view. (35 marks)

OR

8. A single Caribbean team should represent the region in all international sporting competitions.

Write an essay giving your views on this statement. (35 marks)

END OF TEST

IF YOU FINISH BEFORE TIME IS CALLED, CHECK YOUR WORK ON THIS TEST.

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